

Hepatitis B Virus, Hepatitis C Virus (formerly known as nonA nonB Virus), Hepatitis D Virus

Hepatitis B virus (HBV) is the type species of the *Orthohepadnavirus* genus in the family *Hepadnaviridae*. Hepatitis C virus (HCV) is the type species of the *Hepacivirus* genus in the family *Flaviviridae*. Hepatitis D virus (HDV) is the only member of the genus *Deltavirus*.

These viruses are naturally acquired from a carrier during blood transfusion, vaccination, tattooing, or body piercing with inadequately sterilized instruments. Non-parenteral routes, such as domestic contact and unprotected (heterosexual and homosexual) intercourse, are also major modes of transmission.

Individuals who are infected with the HBV are at risk of infection with HDV, a defective RNA virus that requires the presence of HBV virus for replication. Infection with HDV usually exacerbates the symptoms caused by HBV infection.

Occupational Infections

Hepatitis B has been one of the most frequently occurring laboratory-associated infections, and laboratory workers are recognized as a high-risk group for acquiring such infections.

Hepatitis C virus infection can occur in the laboratory situation as well. The prevalence of antibody to hepatitis C (anti-HCV) is slightly higher in medical care workers than in the general population. Epidemiologic evidence indicates that HCV is spread predominantly by the parenteral route.

Laboratory Safety and Containment Recommendations

HBV may be present in blood and blood products of human origin, in urine, semen, CSF and saliva. Parenteral inoculation, droplet exposure of mucous membranes, and contact exposure of broken skin are the primary laboratory hazards. The virus may be stable in dried blood or blood components for several days. Attenuated or avirulent strains have not been identified.

HCV has been detected primarily in blood and serum, less frequently in saliva and rarely or not at all in urine or semen. It appears to be relatively unstable to storage at room temperature and repeated freezing and thawing.

BSL-2 practices, containment equipment, and facilities are recommended for all activities utilizing known or potentially infectious body fluids and tissues. Additional primary containment and personnel precautions, such as those described for BSL-3, may be indicated for activities with potential for droplet or aerosol production and for activities involving production quantities or concentrations of infectious materials. ABSL-2 practices, containment equipment and facilities are recommended for activities utilizing naturally or experimentally infected chimpanzees or other NHP. Gloves should be worn when working with infected animals and when there is the likelihood of skin contact with infectious materials. In addition to these

recommended precautions, persons working with HBV, HCV, or other bloodborne pathogens should consult the OSHA Bloodborne Pathogen Standard.³⁴ Questions related to interpretation of this Standard should be directed to federal, regional or state OSHA offices.

Special Issues

Vaccines Licensed recombinant vaccines against hepatitis B are available and are highly recommended for and offered to laboratory personnel.³⁵ Vaccines against hepatitis C and D are not yet available for use in humans, but vaccination against HBV will also prevent HDV infection.

Transfer of Agent Importation of this agent may require CDC and/or USDA importation permits.

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